

www.safegrad.com

SafeGrad Celebration Planning Committee made up of representatives of a variety of Ontario health units, organizations and individuals dedicated to helping students plan safe parties. Provides a wide variety of prom ideas and information.

www.asklistenlearn.com

A Web site designed for younger teens by The Century Club and Nickelodeon with lots of interactive information about alcohol and its effects on the body. There is a companion site for parents at www.asklistenlearn.com/parents.

www.camh.net

The Centre for Addiction and Mental Health site provides comprehensive general information about alcohol and addiction and many links to other Canadian and international sites.

www.cyberisle.org

Designed to look and feel like a teens-only island with places and locations where youth might hang out – beaches, a dance club, and washrooms. Includes health information, online discussion groups, interactive lifestyle assessment programs, simulations, links and games. Based at the University of Toronto with a network of over 20 collaborating partners.

http://www.hc-sc.gc.ca/english/for_you/health4kids/body/alcohol.htm

Health Canada Online's Web page, Health 4 Kids, provides kids aged 10-16 with health information. Features include Homework Central, a topics list, and an interactive human body, where you can find information on alcohol.

www.ipromiseprogram.com

The "I Promise Program" is designed to reduce the risk of youth-related car crashes and relies on parents as role models by entering into a family contract with their young driver for safe and responsible use of the car.

www.kidshealth.org/teen/

U.S. Web site voted one of the top Web sites by *Time* magazine. Comprehensive information for teens on alcohol and drugs, as well as other health topics.

www.kidshelp.sympatico.ca

This is the Canadian site for Kids Help Phone, which provides anonymous and confidential counselling, information and referral services in English and French, 24 hours a day, every day of the year to children and youth. You can talk to counsellors about anything, including school, parents, drugs, sex, violence and suicide. You can reach them at 1-800-668-6868 toll-free from across the province.

www.madd.ca

MADD Canada is a non-profit, nationwide, grassroots organization. Its chapters are run by volunteers who include mothers, fathers, friends, business professionals, experts in the drunk driving field and concerned citizens who want to make a difference in the fight against impaired driving. MADD Canada's aim is to heighten awareness about the dangers of impaired driving, offer support services to victims, and save lives.

www.madd.ca/english/youth/schoolproject.html

The youth section of MADD Canada's Web site includes lots of information about the current status of alcohol use and abuse among teens as well as school project ideas.

www.mto.gov.on.ca

Ontario's Ministry of Transportation site has detailed information about the consequences of impaired driving and on impaired driving programs and campaigns.

www.occid.org

OCCID's (Ontario Community Council on Impaired Driving) site provides a variety of information about impaired driving, as well as leads to resources to help prevent drinking and driving.

www.osaid.org

OSAID Inc. (Ontario Students Against Impaired Driving) is a youth-driven organization with chapter members in over 60 per cent of Ontario's secondary schools. It strives for the reduction and elimination of alcohol and other drug-related injury and death, with the focus on impaired driving. Any secondary school in Ontario can form a chapter, subject to the approval of the principal and student council, and the support of a staff advisor. Its "Call-Me Contract" can be downloaded from this site.

www.partyprogram.com

P.A.R.T.Y. is an acronym which stands for Prevent Alcohol and Risk-Related Trauma in Youth. P.A.R.T.Y. focuses on making smart choices. You can take a virtual visit to the trauma unit at Sunnybrook & Women's College Health Sciences Centre, Canada's first and largest trauma centre. There is also information about people who unfortunately made some bad choices or who had someone make a bad choice for them and are now having to live with the consequences.

www.readysetgo.org

Ontario Physical and Health Education Association (OPHEA) site has great information on getting and staying active and involved in sports as part of a healthy lifestyle.

www.schoolnet.ca/alcohol

Your Life: Your Choice – a Canadian interactive resource site for kids, parents and teachers with all sorts of information about alcohol, including reasons not to drink.

www.smartrisk.ca

SMARTRISK is a non-profit organization dedicated to preventing injuries and saving lives. The Youth section features information on choosing to take smart risks as well as a peer leadership program for Canadian high schools.

www.studentlifenow.com

The high school division of Student Life Network, "Student Life Now!" is built on the success of BACCHUS Canada's post-secondary programs, materials and peer-based education formula. This division assumes the responsibility for National Students Against Impaired Driving (NSAID) Day, an annual day of action launched by BACCHUS Canada in October 1999. The division also designs and delivers training programs and other resources for youth, such as brochures, workshops, videos in English and French and contests.

www.virtual-party.org

Join the party – an interactive source of alcohol information for teens, developed by a Youth Advisory Team in partnership with the Centre for Addiction and Mental Health and Peterborough County-City Health Unit.

www.child.net/drugalc.htm

U.S. National Children's Coalition – Alcohol and Other Drug Information for Teens, with many useful links.

www.health.org

U.S. site offers information on how to say no to drinking, how to help a friend or family member who's drinking too much, plus other information.

www.teengrowth.com

U.S. site provides advice on health, family, school and alcohol (in "Danger" section).

www.zoot2.com

The Alberta Drug and Alcohol Abuse Commission's Web site for youth offers information on alcohol and drugs and strategies for making better life choices as well as games, quizzes and other activities.

www.4girls.gov/substance

U.S. Web site sponsored by the National Women's Health Information Center at the U.S. Dept. of Health and Human Services. Provides good information about alcohol's effects on the body, and offers ways to handle peer pressure.

Note: Parties other than the LCBO have independently developed the above-listed Web sites. With the exception of its own Web site, the LCBO does not control these Web sites. It does not approve their content, nor does it guarantee the accuracy of the information they contain. The LCBO expressly disclaims all liability of any kind arising out of use of, reference to or reliance on information contained on other parties' Web sites. The listing of an organization should not be construed as an endorsement of its services or products.